

NOVEMBER 2017

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INTRODUCING ERCV'S NEW PRESIDENT

David Mackoff, ERCV's newly elected Board President, brings a wide range of not-for-profit experience and management skills. He was drawn to ERCV because he believes in our mission of neighbors helping neighbors. "We have the opportunity to build an organization that's a real



community asset, one that will last, that's fun, that helps members connect with each other, and turn what they like to do into valuable service. I want our members to feel a real sense of ownership of the Village, as we increase participation and grow our volunteer leadership."

David and his sweetheart Shelley Moskowitz live in Brightwood on a block they love with neighbors they enjoy getting to know. He hopes we can get the word out about the benefits of an ERCV social or service membership by building on such "circles of friends" through informal coffee chats, presentations, and having ERCV representatives at local events. "This is a good time to develop and share leadership and be creative about programs and service delivery," he remarked. "We will be getting an influx of new elders as neighbors, as the redevelopment of Walter Reed moves forward. Let's be ready to welcome them."

David applauds ERCV's collaborations with other Villages in DC. "We expand our capacity and our possibilities when we work together." ERCV is participating in a multi-Village study of the transportation needs of elders in DC. Also, together with two other volunteer-led Villages, ERCV has applied for a grant that can help us provide some social-worker services to our members. "We are always looking for ways to build and grow our organization, but it's up to our membership to make these possibilities real."

Finally, if you know David Mackoff, you know that he is one of the youngest members of ERCV, a great role model for others we can reach out to, inviting them to join us in building a supportive community for us all.

[Our thanks to Gay Gellhorn for interviewing David.]



SPOTLIGHT: WELCOMING NEW ERCV BOARD MEMBERS

[ERCV has been delighted to welcome four new Board members, who joined us in September after the Annual Meeting. This month we are introducing Krayna Feinberg and Linda C. Glass. Next month we will spotlight Pati Griffith and Vanessa Sampson-Stroman.]

Krayna Feinberg grew up outside Boston and as an adult lived in New York City, Madison, WI, Poughkeepsie, NY, and Vancouver, BC, before moving to DC in 2006. She and her husband Chuck have been married for almost 48 years. They moved to Shepherd Park in 2015, and they do not plan to move again. They have three children and two grandchildren: their daughters live in DC and each has one child, while their son remained in Vancouver.



Krayna has a Master's degree in special education, and has worked as a reading specialist for many years. She has volunteered at Capital City Public Charter School for the past four years. She also has a small sewing business making personalized gifts. Krayna is a volunteer driver for ERCV. She looks forward to serving on the Board and, eventually, becoming a service member.



A native of Sumter, SC, **Linda C. Glass** has been a resident of Washington, DC, for the past 40 years. She has lived in Shepherd Park for over 20 years. Linda is married to Roger Glass and is the mother of two daughters, Sydney and Kelcie. A graduate of Hampton University, Linda holds a MBA from Long Island University and a law degree from Howard University. She was employed by the Government Accountability Office (GAO) as a protest hearing examiner for over 25 years.

Linda's hobbies and interests include raising three cats, DC sports teams, Zumba dancing, reading novels, piano, doing jigsaw and crossword puzzles, and occasionally volunteering with the Animal Rescue League.



We are very pleased to recognize eight new volunteers, who received training recently: Allyson Booth, Theresa Cusick, Linda C. Glass, Walter Kamiat, Bob Learmonth, Dee Mahan, Brenda Meija, and Art Sheekey. They join our corps of volunteers who are ready to give their time to fulfill requests from our service members and help ERCV carry out our mission. Welcome! Many thanks to those who conducted the volunteer training at the ERCV office: Gracie Baten, Susan Davis, Rima Shaffer, and Doris Spruell. If you are interested in becoming a volunteer, please email us at info@eastrockcreekvillage.org.

HELP US SPREAD THE WORD: ERCV is holding monthly Open Houses at our office – a time for folks to gather and meet with some of our Board members to learn about ERCV and the benefits of membership, and enjoy conversation and light refreshments. Please invite your friends and neighbors, and come with them if you like! If you'd like to have some flyers to distribute to your neighbors, please call the office at 202-656-7322. The next Open House is **Sunday, November 19, 2:00-4:00 pm.**



DID YOU KNOW. . .?

- DC offers a program to keep homes safe and accessible through the Single Family Residential Rehabilitation Program, which helps qualified homeowners finance home repairs to address building code violations; repair roofs; remove threats to health and safety, including lead paint hazards; and address accessibility issues. Both loans and grants are available. To inquire about income criteria for eligibility, or for other information, call the Office of the Committee on Housing and Neighborhood Development at 202-724-8198. Special help is available for seniors.
- Iona Senior Services (4125 Albemarle St. NW) offers classes to address issues we encounter after retirement as we contemplate the next stage of life. While we may see retirement as a time of great possibilities, we may also feel a sense of loss or find the transition stressful. Just like parents or professionals who formed networking groups earlier in life, participants find comfort and joy meeting other people who are going through the same experiences. Classes – on a wide variety of topics – are open to people city-wide. Most are free but require registration. For more information call 202-895-9448, or visit <https://www.iona.org/services/classes-for-baby-boomers/>



PLEASE JOIN US FOR NOVEMBER EVENTS --

Fridays, Nov. 3, 10, 17 (no Nov. 24), 3:00 pm

CHAIR YOGA FOR SENIORS

- A gentle movement class that can be enjoyed by anyone; Antonia has been offering Chair Yoga at ERCV for several months. Classes last about 40 minutes and are accompanied by classical music. No need to sign up for the class ahead of time; service members may request a ride by calling the office.

Friday, Nov. 10, 7:30 pm

MOVIE NIGHT: *THE HUNDRED-FOOT JOURNEY*

- At the ERCV office; free!
- Starring Helen Mirren, Om Puri, & Manish Dayal, this is the story of a feud between two adjacent restaurants in a French town – one operated by a recently relocated Indian family and the other a lofty Michelin-starred restaurant.



COMING YOUR WAY THIS WINTER AT ERCV — DETAILS TO FOLLOW!

- **Movie night, Fri., Dec. 8** – *Calendar Girls*
- **Holiday Party, Sun., Dec. 10, 5-7 pm**, at the ERCV Office
- **Planetarium Program, Thurs., Jan. 4, 1 pm**, at Rock Creek Planetarium – “Under African Skies:” Learn about night sky stories from African cultures and how Americans escaping slavery used the night sky to guide them to freedom.
- **Tech Support Session with GTG Tech, Sat., Jan. 20**



COMMUNITY EVENTS OF INTEREST

- **The Humane Gardener – a talk by Nancy Lawson presented by The Takoma Horticultural Club** – Wed., Nov. 15, 7:30-9 pm, Historic Takoma, Inc., 7328 Carroll Ave., Takoma Park: Learn how to cultivate an ethic of compassion & a wildlife-friendly habitat in your own backyard. Free, open to the public; bring a snack to share. . .
- **Fringe Music in the Library** – Sat., Nov. 18, 2:30 pm, Shepherd Park Library: Kamyar Arsani, a multi-instrumentalist Sufi singer-songwriter from Iran, has played the Daf, an Iranian frame drum, since age 11. He now resides in DC where he teaches Daf and is the singer of the band Time is Fire.



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