

Issue: March 2016
East Rock Creek Village
7838 Eastern Avenue, NW, Suite D
Washington, DC 20012

NEIGHBORS HELPING NEIGHBORS
TO AGE WELL AND THRIVE
www.eastrockcreekvillage.org
202-656-7322

EAST
ROCK CREEK
VILLAGE

VOICE

**TESTIMONY AT DCOA PERFORMANCE
HEARING LEADS TO COORDINATOR
FOR ALL DC SENIOR VILLAGES:**

A strong showing by DC senior villages that included testimony by ERCV Executive Director Sharon Flynn at the February 16, 2016 performance hearing of the DC Office on Aging (DCOA) led to the assignment of a full-time coordinator for all DC's senior villages. In an email sent the very next day, Brian Footer, the current DCOA policy director, advised that Mr. Mark Bjorge would be the new Village Coordinator. Acting Executive Director Laura Newland, who took over the DCOA in December, is also going to meet with all board members and executive directors of DC senior villages later this month.



***ERCV Executive Director Sharon Flynn
testifying at the DCOA performance hearing
on February 16, 2016***

EAST ROCK CREEK VILLAGE

PROGRAMS: We kicked off February with two programs that were well attended. On February 9, 2016, Peggy Hoenig demonstrated the *Feldenkrais Method* that helps people of all ages to move more easily with less pain from injuries and conditions such as arthritis. The attendees enjoyed Ms. Hoenig's initial lesson. If there is sufficient interest, we can invite Ms. Hoenig back to give a class for a nominal fee for each participant.



US Attorney Jim Brennan on the left and Mr. Idriys Abdullah of DISB standing at right
MONEY SMART PRESENTATION:

On February 25, 2016, Mr. Idriys Abdullah from the DC Department of Insurance, Securities, and Banking (DISB) gave a very well received presentation called "Money Smart." Mr. Abdullah covered many of the current scams

targeted at seniors, as did his co-presenter Jim Brennan from the U.S. Attorney's office. They were joined by Tiffani Johnson, of the DC Department of Disability Services, who talked about many of the problems that occur when folks do not have a proper will prepared by an experienced attorney.

The ERCV Program Committee is planning more fun social activities including dining at area restaurants by the "Out-to-Lunch Bunch," and once-a-month movies with popcorn at our offices. Look for notices on our ERCV website at www.eastrockcreekvillage.org and on the activities calendar in our office lobby.

DO YOU WANT TO JOIN AN ERCV

BOOKCLUB?: Please contact Sharon Flynn, our executive director, either by phone at 202-656-7322 or by email at sflynn@eastrockcreekvillage.org to let her know that you want to join an ERCV book club.

COME MEET OUR EXECUTIVE

DIRECTOR, SHARON FLYNN: Please feel free to drop into the East Rock Creek Village offices at 7838 Eastern Avenue, NW, Suite D, to meet our executive director, Sharon Flynn. Our office is open Tuesdays through Fridays from 9 am to 5 pm. Please call ahead of time.



Sharon Flynn in a photograph by Loretta Neumann

Sharon has regular 10 am coffee chats on Wednesdays for members and volunteers scheduled for March 2nd, 9th, 16th, 23rd, and 30th at our offices. This is your time to share your thoughts and suggestions.

THE CHAIR'S CORNER:



Shannon Cockett, ERCV President

We're off to an excellent start in 2016 with the overwhelming majority of our pledged members paying their dues. We would still like to hear from some of you who pledged to join East Rock Creek Village. We also hope you will urge your interested friends and neighbors to join East Rock Creek Village.

The option of making monthly payments via PayPal has been turned on at the "Join" page of our website at www.eastrockcreekvillage.org.

Please don't forget to send in your membership form with your dues to:

***East Rock Creek Village
7838 Eastern Avenue, NW, Suite D
Washington, DC 20012***

With your support, our village will continue through 2016 on a sound financial footing.

VOLUNTEER TRAINING: Our next volunteer training is Sunday, March 6, 2016 from 2 to 5 pm at Ohev Shalom at 16th & Jonquil Streets, NW. Please let Susan Learmonth, chair of ERCV's Volunteer Committee, know that you will be attending by calling her at 202-722-1042 or by emailing her at susan.learmonth@gmail.com.